

# Swimming Lessons – Fall 2022

Registration Deadlines apply, see date under session listings @ 4 pm

Minimum registration numbers must be met for classes to run

Level	<b>Session 3 Mondays</b> Oct 17 – Nov 28 No Class October 31 Deadline: October 10	<b>Session 4 Fridays</b> Oct 21 – Dec 2 No Class November 11 Deadline: October 14	<b>Session 5 Sundays</b> Oct 23 – Dec 4 No Class November 13 Deadline: October 16	<b>Session 6 Wed – Fri</b> Dec 28 – 30 & Jan 4 – 6 Deadline: December 21
<b>Swim for Life Parent &amp; Tot: PARENTED; 1 (4 – 12 months); 2 (12 – 24 months); 3 (24 – 36 months)</b>				
<b>Parent and Tot 1/2/3</b> \$39.25	10:45 – 11:15 am	10:15 – 10:45 am	5:30 – 6:00 pm	N/A
<b>Swim for Life Preschool: UNPARENTED. 3 – 5 yrs</b>				
<b>Preschool 1</b> \$39.25	9:45 – 10:15 am 4:00 – 4:30 pm	9:45 – 10:15 am 5:00 – 5:30 pm	5:00 – 5:30 pm	11:00 – 11:30 am 5:30 – 6:00 pm
<b>Preschool 2</b> \$39.25	10:15 – 10:45 am 5:45 – 6:15 pm	9:45 – 10:15 am 4:00 – 4:30 pm	5:45 – 6:15 pm	10:30 – 11:00 am 5:30 – 6:00 pm
<b>Preschool 3</b> \$39.25	10:15 – 10:45 am 4:30 – 5:00 pm	5:30 – 6:00 pm	6:15 – 6:45 pm	4:00 – 4:30 pm
<b>Preschool 4</b> \$39.25	N/A	5:30 – 6:00 pm	6:15 – 6:45 pm	4:00 – 4:30 pm
<b>Preschool 5</b> \$39.25	N/A	N/A	6:15 – 6:45 pm	4:00 – 4:30 pm
<b>Swim for Life Swimmer: UNPARENTED. 6 – 12 yrs</b>				
<b>Swimmer 1</b> \$49.75	5:15 – 6:00 pm	4:30 – 5:15 pm	6:30 – 7:15 pm	9:45 – 10:30 am 4:30 – 5:15 pm
<b>Swimmer 2</b> \$49.75	4:00 – 4:45 pm	5:15 – 6:00 pm	5:00 – 5:45 pm	10:45 – 11:30 am 5:15 – 6:00 pm
<b>Swimmer 3</b> \$49.75	5:00 – 5:45 pm	N/A	5:00 – 5:45 pm	9:45 – 10:30 am
<b>Swimmer 4</b> \$62.00	6:30 – 7:30 pm	N/A	7:30 – 8:30 pm	4:00 – 5:00 pm
<b>Swimmer 5</b> \$62.00	6:45 – 7:45 pm	4:00 – 5:00 pm	7:30 – 8:30 pm	4:00 – 5:00 pm
<b>Swimmer 6</b> \$62.00	6:45 – 7:45 pm	4:00 – 5:00 pm	7:30 – 8:30 pm	N/A
<b>Rooke Patrol</b> \$62.00	N/A	N/A	7:30 – 8:30 pm	N/A
<b>Ranger Patrol</b> \$62.00	N/A	N/A	7:30 – 8:30 pm	N/A
<b>Star Patrol</b> \$62.00	N/A	N/A	7:30 – 8:30 pm	N/A
<b>Stroke Proficiency:</b> to build strength and technique on just the stroke skills in a level – Stroke Development (SK 3-6/Swimmer 2 - 4); Stroke Improvement (SK 7-10/Swimmer 5 – Swim Patrol)				
\$39.25	6:00 – 6:30 pm	N/A	6:45 – 7:15 pm	N/A
<b>CBAC Prep:</b> Is your child looking to join our local swim club? Get them ready with this prep course, which will work on body positioning, stroke skills and endurance. This is also great for those beginning level CBAC swimmers to work on their base skills and strokes. Prerequisite: Entering Swim Kids 4/Swimmer 3 or equivalent				
\$39.25	6:00 – 6:30 pm	N/A	6:45 – 7:15 pm	N/A
<b>Adult Lessons (13 yrs +):</b> Do you want to learn to do your strokes better? How to float? How to stay safe around water? We teach the water skills YOU want to work on!				
<b>Adult Lessons (13+ yrs)</b> \$53.00	Mondays, Oct 17 – Nov 28 (No class Oct 31) 7:30 – 8:15 pm		Fridays, Oct 21 – Dec 2 (No class Nov 11) 11:00 – 11:45 am	
<b>Leadership Courses – towards becoming a Lifeguard:</b> Please note prerequisites* to enroll. Registration deadline is 1 week prior to the course start, must be a minimum of 5 registrants for course to run.				
Bronze Star	<b>\$185.00</b>	*must be 12 yrs of age by end of course	Sundays, Oct 23 – Dec 4 (no class Nov 13) @ 5:00 – 8:00 pm	Wed – Fri, Dec 27 – 30 8:30 am – 12:30 pm
Bronze Medallion & CPR-C	<b>\$185.00</b>	*must be 13 yrs of age by end of course		
Bronze Cross	<b>\$175.00</b>	*must have completed Bronze Medallion & a current Standard First Aid	Tue – Fri, Jan 3 – 6 @ 7:30 am – 12 pm *can combine with SFA course the same week to meet prerequisite	
Standard First Aid	<b>\$165.00</b>	Tuesday to Friday, January 3 – 6 @ 12:30 – 5:00 pm		
National Lifeguard	<b>\$335.00</b>	*must be 16 years of age, have Bronze Cross and a current Standard First Aid	Winter 2023	

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Registration opens September 14 at the Recreation, Sports and Arts Expo at the BCF, 4-7 pm.  
Register by phone at 823-1322, online at [www.drumheller.ca](http://www.drumheller.ca) or in person