

RAC Fun First Volleyball League

Facilities

This League is governed by the Town of Drumheller Recreation, Arts & Culture and uses its facilities. Please respect the facilities so we can continue using them. If respect is not shown, access to the facilities will be lost.

- No Outdoor Shoes in any gym facility.
- Leave the gym the way you found it. Throw away your garbage in designated areas.
- Players should arrive at the gym no more than 10 minutes before the scheduled start time.

If you do not adhere to the rules, then you will be subjected to the Town of Drumheller's Fun First Sports League disciplinary process.

Equipment

- The league will provide volleyball nets, volleyballs, and scoreboards.
- Any other equipment (i.e. knee pads) is optional but recommended (NOT provided by the league).
- Players must wear appropriate court shoes NO marking shoes.

Players/Roster

- The league must have a maximum of 8 on a team, players must be registered with the league.
- 6 Players on the floor at a time 2 must be female.
- Minimum 4 players on the floor to play 2 must be female.
- If the minimum roster requirements are not met, then the team will lose by default.
- We recommend teams having 8 players to have alternates to avoid default. In the event an external substitute joins your roster for a single game, a "drop-in" fee will be required. All players MUST register.

Spectators

- We encourage all individuals with an interest in spectating to be present. (Limited seating).
- Respect is mandatory, if spectators do not respect our players OR facilities, access will be lost.

Jerseys/Team Names

Jerseys are not required.



- The league does not provide jerseys, etc.
- All team jersey designs must be approved by the Manager Recreation Arts & Culture.
- All team names must be approved by the Manager Recreation Arts & Culture.

Defaults

- If a volleyball team is not ready 10 minutes after the posted game time, they will lose by default 2-0. We recommend the game be played regardless of if possible.
- Minimum 4 players on the floor to play 2 must be female.
- If a team misses one game or does not meet the minimum roster requirements, then they will lose by default 2-0.
- If both Team Leader's agree, the minimum requirement rule can be waived, and the game will count towards the standings. This must be decided upon before the start of the game and teams cannot change their minds once the game has started.

Officiating

- All games are self-officiated.
- Teams and players are responsible for their own infractions.
- Teams cannot call the other team's infractions as it is not their responsibility. If teams do not call their own infractions, within a "game report" such behavior shall be reported. Situation dependent, this could affect future status in ALL Town of Drumheller recreation sports leagues.
- Any intentional infractions (i.e. tripping, roughing, etc.) will result in the player being asked to sit out the rest of the game. If a player is asked to sit out twice in a season they are done for the year.
- Any infraction where the intent is to hurt another player will result in ejection from the league, possible ban from ALL Town of Drumheller recreation sports leagues, and lost access to our facilities.
- If a player takes more than 5 infractions in a game, they will be out for the rest of the night.

Pre-Game

- Teams should arrive at the gym 5 minutes prior to the scheduled game.
- Teams should not enter the gym until the games before them are finished.
- A five-minute warm up will be available prior to the start of the game
- Games must start and end on time. If your game starts late, it does not get to run late.
- Service and sides will be determined at the start of the match by a coin toss.

Substitutions

Substitutes may rotate in at any time during a stoppage in play.



 Any alternate is to rotate out players in the last position before service and rotate in players at service.

Service

- A serve may be overhand or underhand, if it is done so legally.
- Once a team has scored 5 points with the same server they must rotate one position. The team remains serving but a new server comes in from rotating.

Boundaries

- Games are played within the regular volleyball court lines.
- The ball is considered "in" if it strikes on or within the court lines.
- A player may step on the center line but may not step across the center line.

Game Play

- Games will be played to 25 and teams must win by two points the third game of the best of three will be played to 15. If there is time the final game may be played to 25.
- Players rotate clockwise prior to their team's serve.
- A player may not hit the ball more than once in succession.
- No more than three touches may be made per team before the ball is returned over the net.
- A block at the net does not count as a touch.
- A block on a serve is illegal.
- The ball must be hit legally no holding, carrying, lifting or throwing.
- A player cannot touch, reach over, or under the net to hit the ball.
- Only when returning the ball may a player follow through over the net.
- Back row hitting is allowed if the player leaves the ground behind the attack line or does not leave the ground at **all**.

Scoring

Rally Point scoring - using this scoring system, a point is scored during any stoppage in play, unless it is a re-service. This means any team can score a point, whether they are serving or not.

Points are awarded to the opposite team when:

- The ball touches the ground.
- A team has played the ball more than three times consecutively.
- The ball is held or pushed.
- The ball touches obstructions such as basketball nets or ceiling.
- A player touches the ball twice consecutively.
- A player touches the net or a vertical marker on the antenna.
- A player completely crosses the center line.
- A player contacts the ball above the opponent's court.



- A back line player, while in the attack area hits the ball into the opponent's court from above the height of the net.
- The ball lands outside or touches an object outside the lines of the court.
- The game is delayed persistently (taking longer than five seconds to serve).
- The players wave arms, jump or form groups of two or more, the purpose of which is to form a screen to conceal the server's actions.
- The served ball crosses the net with the help of a teammate.
- The service is blocked.

Playoffs

- All teams will get two playoff games regardless of where they finish in the standings or the score of their first playoff game.
- Only the top 4 teams in each division will play for the league championship. All other teams will still get two playoff games.

Rescheduling

- Facility time is very limited. The League will not reschedule games for any reason.
- Should your team cancel or not show up for a scheduled game it will be a loss by default.

Substance Consumption

- The Town of Drumheller facilities do not allow any open alcohol.
- Any player or team found to be under the influence of alcohol, or other controlled substance, will be automatically ejected from the league without a refund.

Sportsmanship

This is a Town of Drumheller regulated recreation league, we expect all players and teams to have a fun first attitude.

Any issues throughout the game should be brought to the attention of your Team Leader. The Team Leader(s) and Recreation Manager can discuss a solution. No one other than the Team Leader should discuss these issues with the opposition.

Zero Tolerance Policy

The Town of Drumheller reserves the right to remove players immediately from any facility or league if they are involved with any of the following acts:

- Using racial, ethnic, homophobic, fatphobic, gendered, transphobic, sexist, sexual, disability or other slurs.
- Instigating or retaliating in an altercation.
- Intentionally pushing, shoving, or making physical contact.
- Displaying disrespectful or threatening behavior.
- Swearing at another person.



If a player is removed for any reason, they must vacate the facility immediately, including the parking lot.

Scores

- Team Leaders are responsible for reporting scores. Teams should confirm scores after each point.
- If scores are not reported by the end of the regular season they will not count towards the standings.

Minimum Registration Not Met

RAC Fun First League requires a minimum registration to run to offer each league. If the league is cancelled due to low enrollment, notice will be given at least 48 hours in advance, and you will either receive a full refund or be given a possible rescheduled date.

Cancellation due to Unforeseen Circumstances

RAC Fun First League may be required to cancel league play due to inclement weather, you will be notified in advance of game time and given a rescheduled date.

Refunds

Registration fees are fully refundable, minus a \$20 processing fee, up to 2 weeks before the beginning of the season. After this, the league assumes you have committed, and all fees are non-refundable. We require this time frame to create teams and complete scheduling.

Message

The Town of Drumheller thanks everyone for their shared interest in our recreation programs. We appreciate you are taking the time to read our rules and regulations regarding your sport. Your safety is important to us, as well as your enjoyment, we hope to see you out there!